

8th Annual Tri-State Conference on
Grief and Loss

Friday, September 30, 2016
8:15am - 4:00pm

Millennials: Helping Young Adults Deal with Grief



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Professor

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Counseling and Development

Department of Educational Studies

Co-provided by Cincinnati Children's
and VITAS Healthcare



Center for Professional Excellence, Education
ML 3020
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Cincinnati, Ohio 45229-3039



Course Information

Description

Millennials is a term to describe the current generation of young adults. For many in this generation, the world has been at their finger tips as they were raised with the internet and easy access to computers. They live in “real time” as texting and cell phones have connected this generation. But where do they turn when they need support, especially when they experience the death of a loved one or when they are facing a life threatening illness?

Despite instant messaging and being connected 24/7, young adults often feel isolated when dealing with issues of grief and loss. This workshop will address the needs of these forgotten mourners and provide helpful ways to reach out and support them in their grief. It will also address ways to help young adults deal with their own mortality when facing a health crisis.

Whether they are college students, young professionals, married or in a relationship, issues of grief and loss impact their lives. They often turn to social media for support which has impacted the grieving patterns of young adults. Dr. Servaty-Seib will address ways to understand and support this generation of grievers.

The Tri-State Conference on Grief and Loss is the result of the collaborative efforts of several bereavement professionals in the Greater Cincinnati area. Our goal is to offer a one day program featuring a nationally recognized speaker to local bereavement providers in an affordable venue.

Audience

Aftercare providers, bereavement specialists, child life specialists, chaplains, clergy, counselors, educators, funeral directors, nurses, social workers, and anyone who works with the bereaved.

Objectives

- ◆ Identify the key characteristics of the millennial generation.
- ◆ Acquire knowledge regarding the personal/personality and contextual factors important to the grief of emerging adults.
- ◆ Identify key themes in the grief of college students.
- ◆ Compare and contrast particularly disenfranchised grief experiences of emerging adults.
- ◆ Examine and explain how the developmental aspects of emerging adulthood interact with the experience of life-limiting illness.

Program

8:15-8:45	Registration (coffee & tea provided) and Welcome
8:45-10:15	Session I: Emerging Adulthood Lecture and open discussion
10:15-10:30	Break
10:30-12:00	Session II: Grief Related Themes
12:00-12:50	Lunch (box lunch provided)
12:50-2:30	Session III: Grief and Serious and Life Threatening Illness Lecture and open discussion
2:30-2:45	Break
2:45-3:45	Session IV: The Impact of Social Media Lecture and open discussion
3:45-4:00	Wrap-up and Evaluation

Contact Hours:

Nursing: 5.9 contact hours will be provided for those who attend the entire program and complete an evaluation tool. Cincinnati Children's Hospital Medical Center (OH-046, 9/1/2018) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work: 5.75 clock hours for those who attend the entire program. Cincinnati Children's Hospital Medical Center Social Service is an approved provider of social work continuing education by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (#RSX069302). This conference is approved for 5.75 clock hours. Social Work Program Area: Human Development and Behavior.

Counselors: 5.75 clock hours for those who attend the entire program. Cincinnati Children's Hospital Medical Center is an approved provider of professional counselor clock hours (#RCX111201), by the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. This program is approved for 5.75 clock hours. Program Area: Human Development and Behavior.

Funeral Directors: 6 CE's approved by the Ohio Board of Embalmers and Funeral Directors for participants who attend the entire program.

Disclosures

The planners and presenters have no real or perceived conflicts of interest related to this program. There is no commercial support or sponsorship for this program.

General Information

Registration Information

- Register and pay online! It's fast, easy and convenient. Go to: www.cincinnatichildrens.org/ed/cme/ce-calendar.htm

We accept the following types of payment online:

- American Express, Visa or MasterCard
- **Electronic Check** - No more writing checks and mailing them in. With **eCheck** you can pay using your checking account online...its safe and secure! Select the first option "Online Credit Card Payment or Electronic Check Payment" and follow the onscreen directions.
- **\$60** includes CEU's and a box lunch (Please indicate if you will need a vegetarian or gluten-free lunch)
- **Early Bird Deadline:** Wednesday, September 21, 2016
- **Late fee: \$90** after September 21, 2016
- **No refunds**, but substitutions are permitted.
- Evaluations and CEU/Attendance Certificates will be completed online after the program.
- Confirmation letters will be sent to your email address. If you have questions about registration, you may email Sharon.Herndon@cchmc.org.
- Room temperatures vary, please bring a jacket or sweater for your comfort.

Additional Information

For additional conference information, please contact:

- Ted Haddix, Bereavement Manager, Vitas Healthcare
513-742-6583 or ted.haddix@vitas.com
- Jan Borgman, Bereavement Manager, Cincinnati Children's
513-636-0069 or jan.borgman@cchmc.org

Speaker & Location

Speaker

Heather L. Servaty-Seib, PhD is a counseling psychologist and is currently a professor in the Counseling Psychology Doctoral Program at Purdue University, West Lafayette, IN. Dr. Servaty-Seib also maintains a small, grief-focused, private practice. She received her PhD from the University of North Texas.

Dr. Servaty-Seib is well published in the areas of adolescent bereavement, social support and grief, and the use of loss as a broad model for conceptualizing significant life events. She is a past president of the Association for Death Education and Counseling, received the 2013 ADEC Death Educator of the Year Award, and was co-principal investigator of ALIVE @ Purdue - a three-year, campus suicide prevention grant funded by the Department of Health and Human Services. She is on the editorial boards of two leading academic journals in the field of thanatology, Death Studies and Omega, and her work has recently been highlighted in the New York Times and in the Chronicle of Higher Education.

She recently co-authored "We Get It: Voices of Grieving College Students and Young Adults," a collection of 33 narratives by bereaved college students and young adults. The book aims to help young adults who are grieving and to provide guidance for people who seek to support them, including parents and non-bereaved peers, counseling center clinicians, faculty members and residential life employees.

New Location for the 2016 Conference: Sabin Auditorium
Cincinnati Children's Hospital Medical Center-Main Campus
3333 Burnet Avenue
Cincinnati, Ohio 45229

Sabin Auditorium is located on the 1st floor, across from the cafeteria. Park on Level D in the parking garage for the easiest access to this location.

For directions from your location to the main hospital:
cincinnatichildrens.org/maps