

Cincinnati Children's Hospital Medical Center 3333 Burnet Avenue, MLC 4007 Cincinnati, OH 45229-3026

# **Best Practices** in Pediatric Therapy

Building capability for real change...join us on our journey



November 14-16, 2018

Dieall Di



Applying the

The Division of **Occupational Therapy** and Physical Therapy





#### About Cincinnati Children's

Cincinnati Children's is nationally recognized as a leader in pediatric health care with a reputation for excellence in patient care, research and teaching programs. Clinical procedures and treatments pioneered at Cincinnati Children's are used throughout the world.

The impact of our medical research breakthroughs has improved pediatric health today and will for generations to come. This conference, sponsored by the Division of Occupational Therapy and Physical Therapy, is part of our ongoing education services to directors, managers and clinicians both in our community and nationwide.

## Best Practices in Pediatric Therapy

At Cincinnati Children's, the Division of Occupational Therapy and Physical Therapy has dramatically improved outcomes, experiences, and value of care for the children and families we serve.

Through partnering with the James M. Anderson Center for Health Systems Excellence we have been able to learn and apply the science of improvement, which is necessary in transforming our care and delivery systems. The Anderson Center is an industry leader in improvement science methodologies with a proven track record of success.

#### What you will need

This conference is highly interactive, hands-on and is designed to share the knowledge, skills and tools necessary to achieve measurable improvement. We will be using the Rapid Cycle Improvement Collaborative team based approach. For optimal learning, we recommend you bring a small team to focus on an identified problem. If you are unable to attend with a team or do not have an identified problem you will have the opportunity to partner with other attendees to enhance learning.

#### What you will learn

You will leave this conference with a roadmap and a tested set of tools and strategies for making meaningful changes in your organization and clinical practice. The information gained will be immediately applicable and useful in solving some of your most complex problems.

In addition, we will share our journey, results and tools from successful improvement projects such as:

- Increased billable therapist productivity through optimal schedule utilization
- Improved patient outcomes with patient populations
- Improved documentation of patient reported outcomes

#### What you will leave with

Upon successful completion of this course, participants will be able to:

- Apply the knowledge and skills necessary to plan and carry out an improvement project specific to your organization and clinical practice
- Utilize proven improvement science tools and strategies
- Demonstrate the ability to use a team based approach for improvement projects

#### Conference Leaders

Rebecca Reder is the Senior Clinical Director within the Division of Occupational Therapy and Physical Therapy at Cincinnati Children's. Under her direction, the Division of OT/PT has grown to be one of the largest and most respected in the country. The OT/PT division has spent the past decade transforming patient care using improvement science methodology. It is her desire to share this knowledge so that collectively we can transform care for children across the country.

Carolyn Luzader is a high energy instructor and experienced trainer in statistics as well as quality improvement. She began her career at Proctor and Gamble where she facilitated and trained a variety of cross-functional and executive quality improvement teams. She joined Cincinnati Children's in 2005, where she facilitated quality improvement teams, developed the Rapid Cycle Improvement Collaborative training, and trained hundreds of professionals in improvement science methodology. Carolyn is now an independent Statistical and Quality Improvement Consultant and has been an Adjunct Professor at Xavier University in Cincinnati since 1990.

#### **Faculty**

Amy Bailes, PT, PhD Anita Drabousky, MBA, OTR/L Michelle Kiger, MHS, OTR/L Mark Paterno, PT, PhD Mariann Strenk, PT, DPT, MHS

## Registration & Tuition

Online registration for this course is required.

Register online at:

https://www.regonline.com/bestpracticesinpediatrictherapy

\$750: General Registration (before Sept. 15, 2018)\$800: Late Registration (after Sept. 15, 2018)Groups of 3 or more registering together will receive a discount of \$100/registrant.

Tuition must be received before a participant can be registered. Enrollment is limited, please register online early to reserve your spot.

**Costs include:** lunch for all 3 days, dinner on Thursday, a flash drive with program handouts and a certificate of course attendance.

If you do not receive an e-mail confirmation, please call 513-636-4651 for verbal confirmation. Refunds (less \$35 processing fee) will be made only if notice of cancellation is received in writing by November 1, 2018. Should the program be canceled, tuition will be refunded.

#### Join Us

Sabin Auditorium (Location B)
Cincinnati Children's Hospital Medical Center
3333 Burnet Ave, Cincinnati, Ohio 45229

### Hotel Accommodations

A limited number of guestrooms have been reserved for a reduced rate at the Springhill Suites. Booking information is available upon registration for the conference.

## Continuing Education

Application has been made for approval by the Ohio Occupational and Physical Therapy Board for the following: **23.25 hours** 

For more information, please contact Education Specialist **Noelle Setters** at **513-803-5229**.

## Schedule of Events

#### Wednesday, November 14, 2018

7:30-8:00 AM	Registration & Networking			
8:00-8:15 AM	Welcome & Introductions	Rebecca Reder		
8:15–10:30 AM	Introduction to the Science of Improvement Rapid Cycle Improvement Collaborative Approach	Carolyn Luzader		
10:30-10:45AM	Break			
10:45–12:45 PM	Getting to Root Cause	Carolyn Luzader		
12:15-1:00 PM	Lunch provided			
1:00-3:00 PM	How to develop a SMART Aim	Carolyn Luzader		
3:00-3:15 PM	Break			
3:15-4:30 PM	What are Key Drivers?	Carolyn Luzader		
4:30-4:45 PM	Debrief & Reflect on Learnings	Rebecca Reder		
Evening Session: Dinner Provided				
6:00-8:00 PM	Learning to Create a Run Chart	Carolyn Luzader		

#### Thursday, November 15, 2018

7:30-8:00 AM	Coffee & Networking	
8:00-8:15 AM	Welcome to Day 2	Rebecca Reder
8:15–10:30 AM	Theory of Improvement for Your Problem Potential Interventions	Carolyn Luzader
10:30-10:45AM	Break	
10:45–12:45 PM	Testing 101—PDSAs & Ramps	Carolyn Luzader
12:15–1:00 PM	Lunch provided	
1:00-3:00 PM	Testing the Day Away— Your Turn Designing PDSAs	Carolyn Luzader
3:00-3:15 PM	Break	
3:15-4:45 PM	Feedback on Participant Projects	Carolyn Luzader
4:45-5:00 PM	Questions & Answers	Carolyn Luzader

#### Friday, November 16, 2018

7:30-8:00 AM	Coffee & Networking	
8:00-8:15 AM	Welcome to Day 3	Rebecca Reder
8:15–10:30 AM	Showcasing Improvement Projects (Experience & Results)	Carolyn Luzader
	<ul> <li>Increased billable therapist productivity through optimal schedule utilization</li> </ul>	Anita Drabousky, MBA, OTR/L
	Early Mobilization in the Pediatric Intensive Care Unit	Michelle Kiger, MHS, OTR/L
	Improved documentation of patient reported outcomes	Mark Paterno, PT, PhD
	• Improved patient outcomes with patient populations—Congenital Muscular Torticollis	Mariann Strenk, PT, DPT, MHS
	Optimizing the dose in CP	Amy Bailes, PT, PhD
10:30-10:45AM	Break	
10:45-12:00 PM	Showcasing Improvement Projects (cont'd)	
12:00–12:15 PM	Lunch provided	
12:15–2:00 PM	Feedback & Next Steps on Participant Projects "Soft" Skills for Team Leaders	Carolyn Luzader
2:00-2:30 PM	Conference Debrief & Next Steps for Your Projects	All Presenters