

RESOURCE LIST FOR INDIVIDUALS WITH CERABRAL PALSY & OTHER DISABILITIES

SPORTS & RECREATION:

Anderson Township Little League, Challenger Division: *Provides girls and boys the opportunity to play baseball (ages 5-18, or up to 22 if in school). Buddies available to partner with players as needed.* 859-462-1879; Email: jstavernelli@gmail.com (Jim Tavernelli, ATLL President) PO BOX 541161 Cincinnati OH atlorg@gmail.com; www.atll.org

Joe Nuxhall Miracle League Fields: *Adaptive baseball, miniature golf and a merry-go-round for children who use wheel chairs, gait trainers or just need a little extra support.* 513-829-6899; info@nuxhallmiracleleague.org

Bambino Buddy Ball- Northern Kentucky Baseball: *Baseball for kids with special needs; three different levels and ages for parents to choose from.* 859-653-3768 (Dr. Meredith Landorf)

Bike Camp: *Designed for Special needs Children. Must be at least 8 years old. (75 minute sessions for 5 consecutive days)* Atrium Family YMCA 5750 Innovation Drive Franklin, Ohio 45005; 513-695-2900, ext. 2902 to register.

Butler County Challenger Baseball: *Baseball for kids with special needs *Serves surrounding counties as well *Ages 5-22 years* 513-623-4120 Email: bcchallengerbaseball@gmail.com; <https://www.bcchallenger.org/player-registrations>
P.O. Box 18748 Fairfield, OH

Cincinnati Dragons Wheelchair Basketball 859-414-1577
Norwood View Elementary
5328 Carthage Ave Cincinnati, OH 45212
Time: 3:30-5PM on Sunday
Ages 12 and under
For more information please contact Jacob Counts (gcasc8@gmail.com)

Cincinnati Ice Breakers Sled Hockey: *Program for males and females with physical disabilities who cannot play standing hockey. Teams for ages 6-20 and a team for ages 21 and older.*
For information, email [Renee Loftspring](mailto:ReneeLoftspring@cincinnatiisledhockey@gmail.com) at cincinnatiisledhockey@gmail.com

Cincinnati TOP Soccer: *Soccer with a large-sized ball that can be maneuvered by individuals using a wheelchair; Ages: 4- Adult*
Voicemail 513 588-4980 Email: Info@cincytopsoccer.com

5081 Cox Smith Road Mason, Ohio 45040

(Also in Western Hills and Amelia) <http://www.cincytopsoccer.com/index.htm>

Cincy Swish Spirit Basketball: *For children with disabilities, ages 6-14. Teaches basic basketball skills through coaches and peer models*

League John Weilbacker, Director 513-283-4475; Email: cincyswish32@gmail.com

. www.cincyswishbasketball.com

Gymnastics Central: *Special Needs Classes. Welcoming anyone with a disability of any kind ***No DISABILITY RESTRICTIONS****

Cost \$10.00/athlete. Classes hold a max of 5 athletes/coach. Capped at 15 athletes.

Ages 6 and older. Classes will be held once a month the first Sunday of every month starting June 2nd @ 11:30-12:30. ****As of 5/16/19

513-947-0540 8485 Broadwell Rd Cincinnati, Oh 45244

Email: contact@gymnastics-central.com <http://www.gymnastics-central.com/contact-us/>

I Can Bike Camp: *The goal of iCan Bike is to teach individuals with disabilities to ride a conventional two-wheel bicycle and become lifelong independent riders. This achievement, in turn, creates a gateway of opportunity, helping them gain assurance and self-reliance in many other aspects of their lives.*

Typically in July (one 75 minute session for 5 consecutive days)

For more information: Jen Angeli, 513-803-2922, jenny.angeli@cchmc.org

Kicks for Kids- *Arts, sports, and social activities for kids with disabilities.* (859) 331-8484
812 Russell St. Covington, K www.kicksforkids.org

Rise Adaptive Cyclery

<https://www.facebook.com/riseadaptivecyclery>

Cycles are rented at Wheel Fun Rentals - Sawyer Point, 705 East Pete Rose Way, Cincinnati, Ohio 45202. Reservations are preferred, but not required. Please make reservations at least a day before the desired rental. To reserve, email your name, cycle requested, and rental date and time to riseadaptivecyclery@gmail.com.

Silverlake Recreation Center: *Gymnastic classes for children with special needs.*

Mondays @7:20pm. Must be a member. (Erlanger location) 859-426-7777

301 Kenton Lands Rd. www.silverlakefamily.com

Special Needs Athletic Program (SNAP Dragons Basketball) Boys and girls interested in having a fun time playing basketball. snapdragoncincy.org

Special Olympics

Northern Kentucky: 859-525-7705 <https://www.facebook.com/sonky.org>

Hamilton County: 513-271-2606 <http://www.specialolympics-hc.org/>

Email: sohcadmin@specialolympics-hc.org

Clermont County: 513-732-3595

Butler County: 513-896-9855 <http://www.bcospecialolympics.org/home>
Montgomery County: 937-293-9550
sogdayton44@aol.com <http://specialolympicsdayton.org>

Wonders on Wheels- Revere Dance Studio: *FREE Dance Class--Our dance class for students who use wheel chairs is FREE to all those that wish to participate. We have a group of dancers that volunteer their time to be a shadow for the dancers in wheel chairs. The only expense for the class is a costume for our June recital.*

<http://www.reveredancestudio.com/wonders-on-wheels>

We will meet on the first and third Sundays Noon- 12:45 p.m.

If you or you know of someone who is interested, please contact:

dance@reveredancestudio.com or leave me a voice mail at 513-655-6386.

MUSIC:

Adaptive Piano Lessons- Carmichael Music Studio: 513-739-1305 Fairfield Township, OH
Ages: Children- Adults.

Music Matters, Inc. 513-479-4562 www.musictherapymatters.com

Music Therapy Services provided in the home and in the community.

Some groups @ Melodic Connections & with Cincinnati Center for Autism.

Ages: All

Music Therapy Services 513-474-6064 Email: contact_us@music-therapy-cincinnati.com

www.music-therapy-cincinnati.com

8447 Beechmont Ave, Cincinnati OH

Ages: All

Keys for Success Music Therapy: group and individual sessions available all year.

<https://www.keysmusictherapy.com/>

513-535-0810 Email: info@keysmusictherapy.com

Melodic Connections 513-438-5080 (Music therapy, some groups)

6940 Plainfield Road, Cincinnati, OH 45236

<http://melodicconnections.org/>

Ages: 6 months – Adult

Blue Canopy: *Music therapy, yoga and mindfulness, adaptive fitness & movement & drama kinetics. Also offers speech, physical, and occupational therapies.*

11230 Cornell Park Dr, Cincinnati, OH 45242 [\(513\)-880-6800](tel:(513)880-6800)

Email: info@bigbluecanopy.com

ARTS:

Art Beyond Boundaries: *The Art Beyond Boundaries Gallery is a professional, main-stream fine art exhibition venue where local and regional artists with disabilities.* (513) 421-8726 Email: artbeyondboundaries@gmail.com
1410 Main St Cincinnati, OH
Age: Adults www.artbeyondboundaries.com

Inside Out Studios: *Initiative through Butler Co. Board of Developmental Disabilities to provide an opportunity for artists with disabilities to produce, market, and receive income from their art while gaining confidence in their abilities.*
513-857-5658 5645 Liberty Fairfield Road, Hamilton OH

LIBRARY:

Anderson Branch Library *SPECIAL NEEDS FAMILY NIGHTS are last Friday of each month at 6:30 pm; SUMMER MONTHS ONLY (June, July, August) Opportunity for low stress visit to the library to explore books, activities and educational resources.*

Clermont County Public Library- Williamsburg Branch- 594 Main Street, Williamsburg OH: *Each month we'll explore a different theme through fun and engaging enrichment activities. Join us for stories, crafts, games, and the occasional special guest.*
513-724-1070 Wednesdays: April 15, May 20, June 17, July 15, August 12, September 9, October 21, November 18, December 16 2020. 3:30PM PLEASE CALL TO VERIFY.

SOCIAL CONNECTIONS/PLAY GROUPS:

Game night for teens. Butler County Board of Developmental Disabilities
First Tuesday of every month from 4:30-6pm at the Janet Clemmons Center (282 N. Fair Ave, Hamilton). Call to confirm details: 513-785-2813

CILO Activities 513-241-2600 2031 Auburn Avenue, Cincinnati, OH 45219
(Center for Independent Living Options, LLC) CILO hosts a variety of activities each month. All activities take place at CILO. <http://www.cilo.net/pages/content/events.html>

YMCA Batesville IN- Special Needs Water Fun: *This Special needs class has been created to cater especially to those with physical and/or mental disabilities. Followed by some play/free swim time at the end of class.* Participants must have parent/aid present in class. <http://siymca.org/> Program Fee: FREE to members

Good Life Networks: *A purposeful, family driver organization focusing on creating genuine friendships and intentional relationships that replace loneliness and isolation, ensuring peace of mind and a sense of belonging in our community.*

<http://goodlifecincy.org/> Meet Up (Groups with various interests, play dates, etc.):
www.meetup.com

EQUINE:

Bridge Riding for the Disabled: *Dedicated to helping disabled people, both children and adults, find new freedom.* 743 West Pekin Road, Lebanon OH 937-654-4693
www.bridgeriding.org

Cincinnati Therapeutic Riding and Horsemanship
1342 State Route 50, Milford OH <https://ctrhequinetherapy.org>
Ages: 2- Adult
Equine assisted therapies

Greater Cincinnati Love Quest: *Non-profit foundation offering therapeutic horseback riding for individuals with disabilities.* 513-661-7701 5380 Lee's Crossing Drive, Cincinnati 45239 www.lovequest.org

Muddy Waters Equestrian Park: *Riding therapy programs and activities for individuals with special needs.* 513-522-8545; 10129 Mill Rd. Cincinnati, OH
www.muddywaterranch.org; Ages: All; Cost: Varies

Ohio Therapeutic Horsemanship- Cherry Ridge Farms 937-444-3757
4158 Vinegar Hill Road, Georgetown OH 45121 www.cherryridgefarms.org

Seven Oaks Farm (Miniature Horse Therapy): *Seven Oaks Farm miniature therapy horses is a non-profit organization whose missions is to provide mobile therapeutic services to children and adults.* <http://therapyhorses.com/>

Winton Woods Riding Center: *In addition to mainstream lessons for beginners through advanced riders, Winton Woods Riding Center (WWRC) also offers programming for other-abled riders through our Special Riders program and Special Olympics training program. WWRC is the only Special Olympics Equestrian training program currently approved in Hamilton County, Ohio. Our Special Olympics program provides year-round training and competition opportunities for children and adults with intellectual disabilities. We are also the proud host of the Special Olympics Ohio State Equestrian Competition since it was established as an Invitational in 2009.* [0073 Daly Road Cincinnati, OH 45231 513-931-3057](http://www.greatparks.org/parks/winton-woods/winton-woods-riding-center)
<http://www.greatparks.org/parks/winton-woods/winton-woods-riding-center>

Therapeutic Recreation for the Disabled, Inc.: *Provides softball and other sporting activities for children and adults with special needs.* <http://www.trdonline.org/index.html>

Youth Contact: 513-870-2693 Adults Contact: 513-545-6533

Mile stones Inc. 859-694-PONY
12372 Riggs Road, Independence, KY 41051 www.milestonesinc.org

OUTDOOR ACTIVITIES:

Caesar Creek State Park (Warren County)- *offers a wheelchair accessible fishing pier, boating, camping, and more. Programs planned throughout the year.*
<http://parks.ohiodnr.gov/caesarcreek#overview>

Clermont County Park District- *accessible walking trail at Sycamore Park in Batavia, Pattison Lake near Owensville offers an accessible walking trail and a deck overlooking the lake. Park district offers monthly events during the day and evening. Cincinnati Nature Center's Rowe Woods (close to Eastgate in Union Township) offers bird watching building and a lake.* www.clermontparks.org

Everybody's Treehouse, Mt Airy Forest (Hamilton County, OH): *public, universally accessible treehouse with a series of ramps.*
www.greatparks.org/administration/accessibility
www.cincinnatiiparks.com/west/mt-airy-forest/

John Bryan State Park, Yellow Springs OH, *Four miles of accessible hiking trails an overlook, picnic area, fishing, camping and more.*
<http://parks.ohiodnr.gov/johnbryan#overview>

Owen's Place, Beavercreek OH (Greene County): *provides universally accessible play and recreation for all ages and ability levels. Wheelchair-accessible park including a tree house village.*
www.owensplace.org/

Village Green Park in Fairfield OH *offers paved walkways, fountains, and a reflecting pool. Offers summer concerns and festivals, farmer's market and free movies.*
www.fairfieldcity.org/parks/villagegreen.cfm

DRAMA:

DramaKinetics: Provides art and theater programs for special needs and typical needs children in an integrated setting. Children with different skill levels are welcome. Dramakinetics also offers once a week performing arts classes through the year for children 6-21. 513-389-1721; 4222 Hamilton Ave, Cincinnati, OH
www.dramakinetics.org; Ages: 6- Adult

SENSORY FRIENDLY:

Scene 75 in Milford OH: First Thursday of each month offers a Special Needs Program that includes interactive gaming, mini golf and other activities to help build motor and social skills, recreation time, hand/eye coordination.
www.scene75.com/about/special-needs-program/

Sensory Friendly Movies, Cobb Theatre at Liberty Center (Butler County, OH): shows popular children's movies once a month. Auditoriums have brighter lights and lower sound levels, audience is encouraged to interact.
www.cobbtheatres.com/libertyluxury15.aspx

Sensory Soldiers: fun way to unload or front load for sensory kiddos and their families. Offering a variety of settings for all types including gym mats, large trampolines, obstacle course, sensory tables, and a sing/dance a long session. Ideal for preschoolers 3-5. Open Play Fridays 10:30-2:00. \$10.00 for one +\$5 each additional child per family; Call or text for more info, 513-767-5994. 1 Cinchris Drive, Fairfield OH (corner of Port Union)
www.Stellarevolutionelite.com

Go Full Throttle (Go Carts): With prior arrangements they will open up early on weekend mornings to allow special needs folks to race a cart on their indoor track in a solo session, <https://www.gofullthrottle.com>

MISC:

Envision – CITE Services: CITE (Community Integrated Training and Education) serves families of children and young adults (ages 3-22) who reside in Hamilton, Clermont and Warren counties. A strengths-based holistic approach is used to deliver services in the home and community to help children and young adults grow, succeed and build a life that involves choices, community, relationships and respect. Referral 513-389-7500

Cincinnati Recreation Commission: Includes LeBlond Recreation Center (East End, Hamilton County) which has an inclusive and accessible recreation including an outdoor electronic playground component. Also provides fitness, art and other opportunities for children and adults. - 513-352-4028; Various locations in Cincinnati www.cincyrec.org

Ages: 6-12 years

Harrison Community Network- *Community connections for people with developmental disabilities in western Hamilton County. Offers regional social activities, events, and support groups.* <http://www.harrisoncommunitynetwork.org/>

Lazer Kraze- Mason, OH- *laser tag arena for all levels, inflatables, arcade, trampoline park and more. First Thursday of the month is special needs night offering friends and family members to play for free with one paid admission.*
www.lazerkraze.com/masonoh/index.asp

Learning Through Play 513-631-5013
3796 Hyde Park Avenue, Cincinnati OH