

## Follow Up Headache Questionnaire

Please answer the following questions to the best of your ability

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of visit: \_\_\_\_\_

**UPDATE:** Is your headache since the last visit : Better Same Worse

**FREQUENCY:** How often do the headaches occur now?

<1 /month 1 to 3 /month 1 /week 2 to 3 /week >3 /week Daily Always

**DURATION:** If you do not treat your headaches, On average how long do headaches usually last?

<1 hr. 1-2 hrs. 2-4 hrs. 4-6 hrs. >6 hrs.

**SEVERITY:** On a scale of 0 to 10, what is the severity of your headache? (0 = no pain; 5 = moderate pain; 10 = worst pain)

Circle best answer 

1	2	3	4	5	6	7	8	9	10
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How many days per month did you have ANY headaches (small or big)? \_\_\_\_\_ days per month

**Headache Treatment:**

Do you feel the medication to stop the headache is working if you take it as soon as the headache starts: Yes No

**Headache Disability (in the past TWO months)**

How many days of school were missed due to headaches? None 1-5 6-10 10-15 >15

How many days were you unable to participate in activities (play, go out, sports) due to headaches? None 1-5 6-10 10-15 >15

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**Office Use Only:**

Improvement in Frequency: Yes No Same

Improvement in Duration: Yes No Same

Improvement in Headache Disability: Yes No Same