

Hello Pediatric Grand Rounds Learner,


During the May 2023 Pediatric Grand Rounds on Hypermobility Spectrum Disorders, it was noted that two sets of guidelines were still pending at that time.

These include 1) New Diagnostic Criteria for Pediatric/Adolescent hEDS from the Ehlers Danlos Society and International Consortium

2) CCHMC Evidence-Based Care Guidelines on Hypermobility Spectrum Disorders including Hypermobile Ehlers Danlos Syndrome (hEDS).


The **first** of these - the Pediatric/Adolescent Diagnostic Criteria are now published and can be accessed from the following link:

<https://www.ehlers-danlos.com/publication-of-the-2023-diagnostic-framework-for-pediatric-joint-hypermobility/>



Part of Springer Nature -
<https://www.biomedcentral.com>

Pediatric Joint Hypermobility:
A Diagnostic Framework
and Narrative Review



[Publication of the 2023
Diagnostic Framework for
Pediatric Joint Hypermobility -
The Ehlers Danlos Society](#)

Many doctors worldwide hesitate to diagnose hypermobility spectrum disorders (HSD) or Ehlers-Danlos syndromes (EDS) in children and adolescents, resulting in many undiagnosed and unmanaged cases. Twelve of the thirteen classified

www.ehlers-danlos.com

The **second** is still pending. When finalized, both the assessment and therapeutic management guidelines as well as implementation tools and links will be posted at

www.CincinnatiChildrens.org/evidence under Evidence-Based Care Guidelines

As always, the goal is to address symptomatic hypermobility early for joint protection, with the understanding that the diagnosis may change with time.

Best,
Melodie