



Maternal Mood Disorders & Neonatal Consequences

18th Annual Regional Perinatal Summit
Friday, October 11, 2019
12:30 – 4:15 pm
Cincinnati Children's Sabin Auditorium, D1

SUMMIT PURPOSE

The purpose of the Annual Regional Perinatal Summit is to bring together clinical and public health leaders to review and discuss current perinatal issues, data, and ideas that can be addressed to improve pregnancy outcomes within the region.

SUMMIT DESCRIPTION

Of late, a great deal of attention has focused on the opioid crisis and substance use effects on the infant. Yet, maternal mood disorders are often intertwined in the pregnant woman's psychosocial history both with illicit substance using and non-illicit substance using women. The Substance Abuse and Mental Health Services Administration's (SAMHSA) 2016-2017 National Survey on Drug Use and Health reports 3.5 % of those 18+ using illicit drugs in the past year compared to 18.57% of the 18+ population reporting any mental illness in the past year. Hence, this year's Summit, "Maternal Mood Disorders & Neonatal Consequences", will spotlight psychiatric illness during pregnancy and the effects on the infant, both medically and developmentally.

AGENDA

- 12:30 pm **Registration & Lunch**
- 1:15 pm **Welcome, Regional Statistics & Introductions**
Scott L. Wexelblatt, MD
Assistant Professor, University of Cincinnati Department of Pediatrics
Regional Director of Newborn Services, Perinatal Institute
Cincinnati Children's
- 1:30 pm **Maternal Mood Disorders and Associated Sequelae**
KEYNOTE SPEAKER
Lauren M. Osborne, MD
Assistant Professor of Psychiatry & Behavioral Sciences and of Gynecology
& Obstetrics
Assistant Director, Women's Mood Disorders Center
The John Hopkins University School of Medicine
- 2:30 pm **Pharmacologic Effects of Maternal Psychiatric Medications on Infants**
Dawn E. Butler, Pharm.D
Pharmacy Clinical Coordinator & NICU Clinical Specialist, Division of Pharmacy
Cincinnati Children's
- 3:15 pm **Psychosocial and Developmental Effects of Maternal Mental Health on the Infant**
Robert T. Ammerman, PhD, ABPP
Professor, University of Cincinnati Department of Pediatrics
Scientific Director, Every Child Succeeds
Cincinnati Children's
- 4:00 pm **Summit Wrap-Up & Conclusion**

TARGET AUDIENCE

The Annual Perinatal Regional Summit is designed for physicians, nurse practitioners, nurses, social workers, pharmacists, and other perinatal health professionals providing services to pregnant women and their families.

OBJECTIVES

- Discuss the risks of untreated psychiatric illness during pregnancy vs. the risks and benefits of in utero mood disorder medications
- Outline a clinical approach to designing a treatment strategy during pregnancy
- Describe the postnatal symptoms of SSRI withdrawal and other consequences of in utero exposure to psychiatric medications
- Discuss the safety of psychiatric medications in breastmilk
- Explore the effects of poor maternal mental health on the infant
- Identify evidence-based treatment and local resources for mothers, babies and families

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Friday, October 11, 2019
Cincinnati Children's Sabin Auditorium, D1
3333 Burnet Ave., Cincinnati, Ohio 45229

REGISTRATION

- **FREE** - Includes continuing education credits and lunch
- Online registration **REQUIRED**
- Directions, parking, and map can be found at:
[CCHMC Burnet Campus](#)
- Register at:
[2019 Perinatal Summit Registration](#)

For more information, contact:

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513-636-0320

CONTINUING EDUCATION INFORMATION



In support of improving patient care, Cincinnati Children's Hospital Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CME: This activity has been approved for *AMA PRA Category 1 Credit™*. This activity is designed for the additional hours required for APRNs with prescriptive authority in Ohio.

ABP MOC Part 2: Successful completion of this CME activity enables the participant to earn MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Nursing: This activity is approved for continuing nursing education (CNE) contact hours. This activity is designed for the additional hours required for APRNs with prescriptive authority in Ohio.

Pharmacy: This activity is approved of continuing pharmacy education.

Social Work: Cincinnati Children's Social Service is an approved provider of social work clock hours by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (provider number RSX069302). Social Work Program Area: Special Populations

