**Remote Cincinnati Children’s**

**Pediatric Grand Rounds (PGR) Instructions**

* Test prior to PGR date. This will be done in conjunction with Cincinnati Children’s staff. Plan for an hour test time.
* Be in the location you are going to present from for the test and use all equipment (computer, laptop, headphones, etc.) that you will use on the presentation day.
* Make sure your background is not “busy”. We recommend a plain wall behind you with no windows behind you.
* Ensure a copy of your presentation is sent to us the day before the presentation with page numbers. If there are any technical issues and we need to control your slides for you, the page numbers will make it easier for us to assist. We recommend not including videos in your presentation.
* The morning of your presentation, please be ready and online by 7:30AM Eastern.

**Technical Requirements**

* Computer/laptop with an external webcam
* Internet connection with at least 15 mpbs; please test your internet using the link below. (Hard Wired recommended)
  + <https://testmy.net/> Select test my internet, Then select combined. You need to have a minimum of 15 up and down capability.
* Have a headset with microphone for you to be able to present. Built in audio from a laptop will not work. (Below is an example of a headset; it does not have to be this exact model)

<https://www.amazon.com/Logitech-Headset-H390-Noise-Cancelling/dp/B000UXZQ42/ref=sr_1_3?keywords=usb+headset&qid=1584110529&sr=8-3>