

Supporting Mental Health for Transgender Youth Homework Sheet:

1. Take the Transgender Implicit Bias Test through Project Implicit:

Go to: [Take a Test \(harvard.edu\)](https://www.harvard.edu) and select Transgender IAT

2. Consider how you are going to be a visible ally for transgender, non-binary, and gender diverse youth in your professional role. Identify two passive ways and two active ways you will do this.

Passive:

1.

2.

Active:

1.

2.

3. Find your organization's safety plan for youth who are experiencing a mental health emergency. Is your organization's safety plan inclusive of the needs of transgender, non-binary and gender diverse youth? If not, what changes may need to be made?
4. Review the decision tree presented today and adapt it to your specific professional role.
5. Consider sharing the resource list from today's session with others at your organization.