



Cincinnati Children's, Division of Child and Adolescent Psychiatry

Unit Information

Cincinnati Children's Division of Child and Adolescent Psychiatry is the largest nonprofit pediatric psychiatry facility in the country, offering 92 inpatient psychiatry beds, over 30 secure residential treatment beds and robust outpatient mental health services.

Please review the following descriptions of our programs to help guide you in matching your area of interest with our services. Our goal is to connect you with the appropriate interviewing team based on your area of interest.

Psychiatric Inpatient Units

Inpatient Units serve children and adolescents ages 2 to 18. Children admitted to an inpatient unit will have a primary psychiatric disorder according to the most recent edition of the Diagnostic and Statistical Manual (DSM) of Mental Disorders. Each child admitted presents with illnesses or behaviors that are severe enough (a danger to self or others) to prohibit alternative treatments and that require 24-hour supervision and care. The average length of stay for these patients is 5-7 days. Each of our inpatient units is co-gendered and can have a patient census between 10-12. Typical diagnoses treated in the inpatient setting include, but are not limited to, Depression, Bipolar Disorders, Psychosis, Anxiety Disorder, Impulse Control Disorders, Reactive Attachment Disorders, Attention-Deficit and Disruptive Behavior Disorders, Eating Disorders, Pervasive Developmental Disorders, and co-occurring psychiatric and developmental disorders.

Services are provided by a multidisciplinary treatment team utilizing an individualized patient plan of care. Inpatient services offer assessment, diagnosis, and treatment utilizing a variety of modalities including evidenced based interventions, individual therapy, family therapy, group therapy, as appropriate. As part of an inpatient team, nurses provide acute psychiatric care for children and adolescents in a safe, therapeutic environment. Nurses provide structure and support, behavioral management, patient/family education, and therapeutic group activities that promote achievement of individual goals for recovery.

Patients receive ongoing psychiatric observation and supervision for evaluation and medication management if necessary. The inpatient psychiatric services receive support from other ancillary/medical services in the hospital through consultations or referrals if indicated (speech therapy, Occupational therapy, etc).

Our College Hill Inpatient Units (Located in the College Hill Community)

- P2 West – serves latency ages 7-12
- P3 South – serves young children ages 2-7
- P3 West – serves adolescents ages 12-17
- P3 East – serves adolescents ages 12-17
- P3 North - serves adolescents ages 12-17
- P3 Southwest – serves children and adolescents ages 8-17. Patients admitted to this specialized unit generally have a developmental delay (mild, moderate, severe MR) or have an Autism Spectrum Disorder (ASD) diagnosis (including Pervasive Developmental Disorder, Asperger's, and Rhett's syndrome).

Our Lindner Center of HOPE Inpatient Unit (Located in Mason, Ohio)

- LCOH – serves adolescents ages 12-17. Patients who have a mental health diagnosis and are also in need of specialized treatment for an eating disorder may be admitted to this inpatient location. Cincinnati Children's partners with the Harold C. Schott Eating Disorder Treatment team to provide focused treatment for adolescents with an eating disorder.

Our Cincinnati Children's Burnet Campus Inpatient Unit (Located at Main Hospital on Burnet Ave)

- A4C2 – serves adolescents ages 12-17. Patients who have a mental health diagnosis and complex medical conditions may be admitted to this inpatient unit for psychiatric treatment.

Partial Hospitalization Program (PHP)

The Partial Hospitalization Program (PHP) helps children, adolescents (ages 9-18) and their families better manage mental illness, psychiatric symptoms, distressing emotions and problematic behaviors. These children require assistance managing the daily essentials of living, but may not need psychiatric inpatient hospitalization. We help children develop the coping

skills they need to successfully return to their daily routine at home, at school and in the community. Partial Hospitalization is a day-program offered Monday-Friday, year-round. Nurses supporting this program provide psychiatric care for children and adolescents in a safe, therapeutic environment. Nurses provide structure and support, behavioral management and group activities.

- **Green Township PHP**

Serves up to 14 persons between the ages of 9-18 (while still enrolled in High School).

- **Lindner Center of HOPE (LCOH)**

Serves up to 14 persons between the ages of 12-18 (while still enrolled in High School).

Residential Treatment Program

Nurses on this 3 unit, 33 bed long term program are provided an excellent opportunity to form positive relationships with children and adolescents who have significant behavioral, mental and social needs. Services are provided by a multi-disciplinary team that includes physicians, advanced practice nurses, social workers, recreation therapists, and mental health specialists. The average length of stay is 90 days.

- The Residential Treatment Program is located at the College Hill campus

Psychiatry Supplemental Resource Unit (PSRU)

Nurses in the PSRU will be floated to any of the programs noted above. These nurses must have strong clinical skills and experience in child and adolescent psychiatry, must demonstrate effective communication and problem solving skills, and must be able to work independently with minimal supervision. There is additional incentive pay to accommodate the need to float to a variety of areas.

